

• Unlearn:-

→ Self confidence, way of speech, some of difficult word in english.

- to be happy with what we have, instead of getting sad for what we don't have.
- To become disciplined & consistent towards our work.

Unlearn

- Traditional opportunities for Career in Appl. Extn. not confined to Teaching & Govt. jobs alone.
- Thinking myself inferior to others.
- Being less confident about myself in professional aspects.
- Preconception
- Dependency & Emotional Attachment

I want to unlearn the fear of
speaking and less confidence
to meet someone new person
confidently.

UNLEARN

The thing that I unlearned is my communication barrier. I was shy to communicate with others but not now. Fear

Unleash

→ Using chat
gpt to write
any post,

→ Doing every
thing.

→ Narrow
mindset

→ Thinking too
much & feel
too little

Unlearn

- Blaming others for failure.
- Judge people.
- Overthinking on small things.
- Being very much nervous before speaking

Unlearn.

→ Expecting results quick

→

Unlearn :

- I want to unlearn my habit of being held back when I get opportunity to speak in public.
- I want to unlearn ~~the~~ my hesitation to speak in front of public.
- I want to unlearn my habit of procrastinating.

Unlearn

- Never copy,
Paste anything, add
new things
- Always feeling
shy for speaking
sth.
- Only judging
on theories rather
than practical
exposure.

V. V. Raghava

UNLEARN :-

- 1) More extension activities being a part of Gov. sector as an official.
- 2) Actual experience in social activities in the community.
- 3) Developing a mental state that is undestructible even in times of test put forward by the life.

LEARN

Communication Skill

Public Speaking

Presentation Skill

Confidence

Socialisation

How to maintain the
Individuality

Be open minded +
Learn from others

Experience

To substitute phone usage
(social media) by reading books

Improve my vocabulary

to learn :- ~~[coming out of comfort zone]~~
[speaking to others, career building on social media]

There is no oldest areas in the.

attention, we have to apply own new

ideas, diff perspectives, diff methods etc

LEARN:-

- Time sense
- Fearless communication
- Way of perceiving the things in different way
- Confidence
- Initiatives at all part of the career
- Enthusiasm towards the subject

Learn:-

* Competencies

* Learn to open
up in the
gathering

* Learn to talk
in the public.

* Learn to be
optimistic

~~* to~~

* Learn to be good
in a one specific
field.

* Learn to be in
my own path.

* Learn to use new
opportunities.

LEARN -

- HOW TO USE SOCIAL MEDIA IN BETTER WAY.
- PROPER USE OF TECHNOLOGY, DIGITAL APPS.
- HARDWORK/SMARTWORK & CONSISTENCY.
- HOW TO INTERACT WITH PEOPLES IN A PROPER WAY.
- GRAB OPPORTUNITIES
- DREAM BIG

learn

- Taking Responsibilities
- Finding happiness in small things
- correct use of Technology
- Write good publications
- Appreciate others & own self too.
- Good public speaking skills

Learn ∴

- * Network with diverse group of people
- * To solve the problem easily. X
- * To make my own decision
- * Time management.

Learn

- Work while you Work: play while you play
- Networking with diverse group of people across ~~the~~ ^{the} country.
- Always have a long - Vision - Think Big
- To be strong in the basics, so as to Communicate & make people approach us confidentially.
- Post more in linkedin more than instagram
- Leadership & Decision making skills.
- To groom, dress up & present confidentially like Lakshya nam
- Document each & everything you do

Learn

→ Before coming here I had not so much exposure in this field but after NYFDA I able to identified the opportunities, the policy engagement in agriculture, Global opportunities.

→ Learn about how we have to connect people.

→ How ~~to~~ we can identify the Real need of Society.

Whitney

Learn

- Write what I feel
- Learn to express not to impress.
- Learn life priorities.
- Approach to research.
- Improve my social ^{& teaching} skills.
- Research methodology.
- Focus on myself.

Learned

- (1) Networking
- (2) Public Speaking
- (3) Punctuality (time etc.)
- (4) If you are hardworking and a good person
Miracles happen.
- (5) Opportunities are
around you just we
have to seek it.
- (5) Decision & Commitment
are a key to success

LEARN

Connecting and keeping
Academic writing skills
To be consistent
Become professional

contact with people.

Learn :

I have learned from everyone the confidence they have. They have build the confidence in me. I have learn to be jovial with everyone. I also learned the opportunitu, To speak, linked in

Learn: I had learn more about the character building, positive attitude for thinking something and ~~telugu~~ telugu also (సంపా - సంపా).

• My attitude towards Extension Education before attending is about a course / department only but now I got to know that we are the one on whom the applied agriculture rely.

• learn :-

→ Communication Skill, Interaction With New people,
Make an Observation, ethics, etiquets, Behaviour in Professional
life.

To learn, that being Alone is not a weakness, but a strength
bcz, In this competitive world only fittest & latest will survive

LEARNT :-

- 1.) Building capacity through speaking up, learning new skills & Extension strategies.
- 2.) Unveiled depth of extension and also my self (courage, abilities & strengths).
- 3.) Gratefulness towards family, friends, society & nature.

* LEARN:-

I learn so many things like discipline, how to be confident. also Now I am having more interest in extension now. Also learned about AI, digital tools about Research and learned that extension needs both knowledge and heart and we had to keep working on. Also I got to know so many opportunities in extension, through various activities. so overall I learned many more things. Thank you!

Learn:- I had changed my opinion towards choosing Extension MSc(Ag) after these classes. I had seen so much talented people around me, and learnt to gain and explore more about my subject. Learned more about the opportunities in my department. I got many good friends from NYDP. and they shared many things which I have learnt from them.

→ Think big rather than narrow minded.

Think

Apply

- Networking.
 - More goal oriented.
 - Patience to achieve long term goals
 - Learn something new both career & at personal level skills.
- more focusing on reading
 - Time management.
 - work & believe more or by just.
 - Enjoy life
 - selectively being unbothered.

Things to Apply.

1. Matching the skills in fitting scenario & avoid wasted hardwork
2. Time allocation to relevant interests & pursuit.
3. Getting out of house & build connections
4. Get more comfortable to ask for help and giving help even more.

— pooja

Application.

→ Should spend more time on the process of research rather than expecting results.

Apply

- Social skill
- Express
on linkedin
- Building
skill
- Improve
my communicatr
- Use

WILL APPLY :-

- 1) Time, opportunity, skills & attitude management.
- 2) Thinking out of the box.
- 3) Optimism & courage to express yourself freely & truthfully.

• Apply -

→ Apply the skills which I have, but, I am unable to show it. I have to apply my writing skills like to write poetry, story writing, essay, in my future career (in research, thesis, or anywhere, where it is needed).

* WILL APPLY:-

I am willing to apply many things. Like from now on I will not see extension as an subject only now. Will learn skills to gain the opportunities will love to work as extensionist. Will work more hard. gonna learn practically more rather than being theoretic. Will apply every best lesson that will lead me more further. & I will apply my ideas & experience in real. Thank you! Action speaks louder than words

What will U apply :-

I will grasp the opportunity that I have learned. The friendly behaviour towards everyone.
These all I will apply in future.

Will & Apply

- Professional Networking & interdisciplinary collaborations
- Insights gained from Experts through NYD/P in Research, Academic & Career development.

Apply:

→ AI tools on my research. (what-i learn)
here.

→ I will search for various job sectors like

Business management, Gender based jobs.

→ I will try to network among various people

I have seen.

Apply

- Develop niche by learning more about that I attend courses, training specialization outside traditional classroom
- Publish more - world need evidences. [Dr Mahesh Chandra]
- Write more
- Explore field like - Policy Advocacy incorporate your learning into your extension
- Update yourself skill
Networking

Apply :- Whatever I got from training like

attitude towards Subject, Motivations from the
Speakers, activities done here, all things

I will apply in my student life & career also